

## The Principal.

1. **Hook:**
  - a. Should Christ be first in our lives or should He be the centre?
  - b. Is there even a difference?
2. **Book:**
  - a. Romans 12:1-2 MSG
    - (1) So here's what I want you to do, God helping you: Take your everyday, ordinary life--your sleeping, eating, going-to-work, and walking-around life--and place it before God as an offering. Embracing what God does for you is the best thing you can do for him.
    - (2) Don't become so well-adjusted to your culture that you fit into it without even thinking. Instead, fix your attention on God. You'll be changed from the inside out. Readily recognize what he wants from you, and quickly respond to it. Unlike the culture around you, always dragging you down to its level of immaturity, God brings the best out of you, develops well-formed maturity in you.
3. **Cook:**
  - a. We need to move away from a "LIST MENTALITY" to a "PRESENCE MENTALITY".
  - b. The problem is that our lives are so fragmented and compartmentalized.
  - c. Toward the center.
  - d. Integrating our humanity.
4. **Took:**
  - a. As far as we integrate our spirituality, is how far we will influence our lifestyle.
  - b. Christ at the centre; Christ in us.

## The Practice.

1. **Hook:**
  - a. For worship to be a lifestyle, we have to change – not because we are not worshipping – because we worship the wrong things. We worship like we breathe – we just do it, problem being that we worship inferior things. Worship then becomes the expression of our relationship to that person, object, subject, etc . . .
  - b. So, if we are to change the way we worship, we must change who or what we worship and change how we relate to that person, object, subject, etc . . .
2. **Book:**
  - a. Isaiah 58: 1 – 14.
  - b. Romans 12:1-21.
  - c. John 4: 1 – 54.
3. **Cook:**
  - a. How to make Christ the centre of our lives? God is the Creator / Initiator and we are the creature / receiver.
  - b. Nurturing / developing the Spirit.
  - c. Time.
  - d. Centring – If worship is the expression of our relationship to and with God, then centring prayer is the soil in which that relationship grows.
  - e. First-fruits intimacy.
  - f. Social justice – Isaiah 58.
  - g. Obedience and listening – 1 Samuel 3: 4 – 9.
4. **Took:**
  - a. What are two issues you need to address, to make your lifestyle more worshipful?

## **Discussion questions:**

### **1. Ice breaker:**

- a. Share, in your own words, what ‘**worship**’ or ‘**praise and worship**’ mean to you?

### **2. Discussion:**

- a. Romans 12: 1 – 2.

- i. Do you think that God should be on the top of your priority list, or be the centre?
- ii. In your opinion, what does a worship relationship look like?
- iii. What are your thoughts on Romans 12: 1 – 2’s description of a worship lifestyle?
- iv. What are the struggles you face in making worship your lifestyle?

### **3. Application:**

- a. What’s one significant change you can make in your life, toward a worship lifestyle?